

# **Making the case: Population mental health promotion for youth as an essential focus for public health practice**

## **A Conversation**

Public Health 2017

Tuesday, June 6, 10:30-12:00



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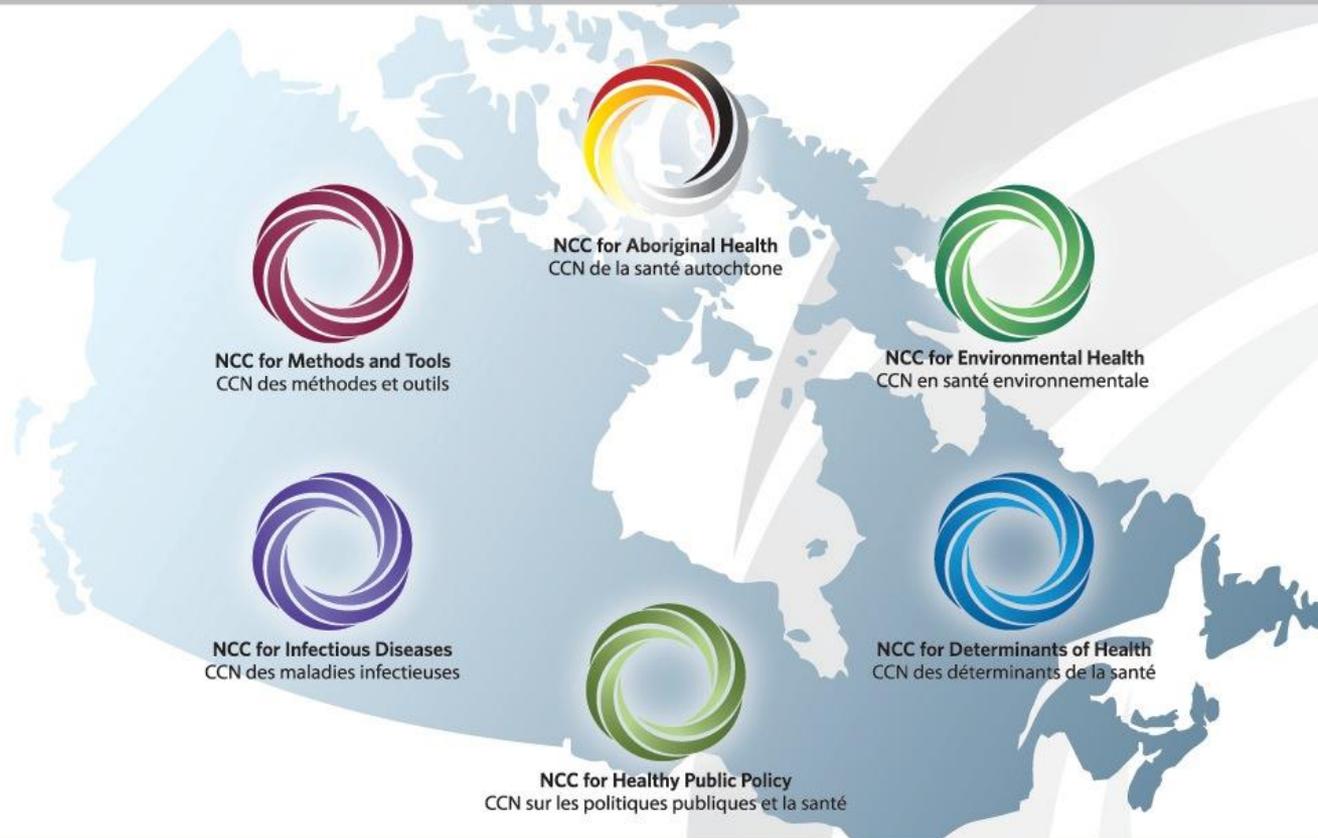
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# Our objectives today are to ...

1. Explore the evidence on the **determinants** of positive mental health for children and youth and public health **interventions** to support mental wellbeing for youth
2. Debate the **potential roles and priorities** for public health to improve mental health promotion for youth
3. Describe **opportunities** for promoting youth mental health through public health partnership and collaboration



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# Special thanks to our guest panelists ...

- Dr. Margaret Robinson – Dalhousie University
- Ms Madi Sutton – Student, Faculty of Nursing, Dalhousie University
- Dr. Margaret Barry – National University of Ireland, Galway
- Dr. Jacqueline Gahagan – Dalhousie University



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# Disclosure Statement

- We do not have any bias or conflict of interest to disclose



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# Project Objectives

- Increase understanding of PMHP
- Strengthen integration of PMHP and public health



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# General Resources

- Population mental health promotion for children and youth – a collection for public health in Canada
- Foundations: definitions and concepts
- Scan report
- Database of resources



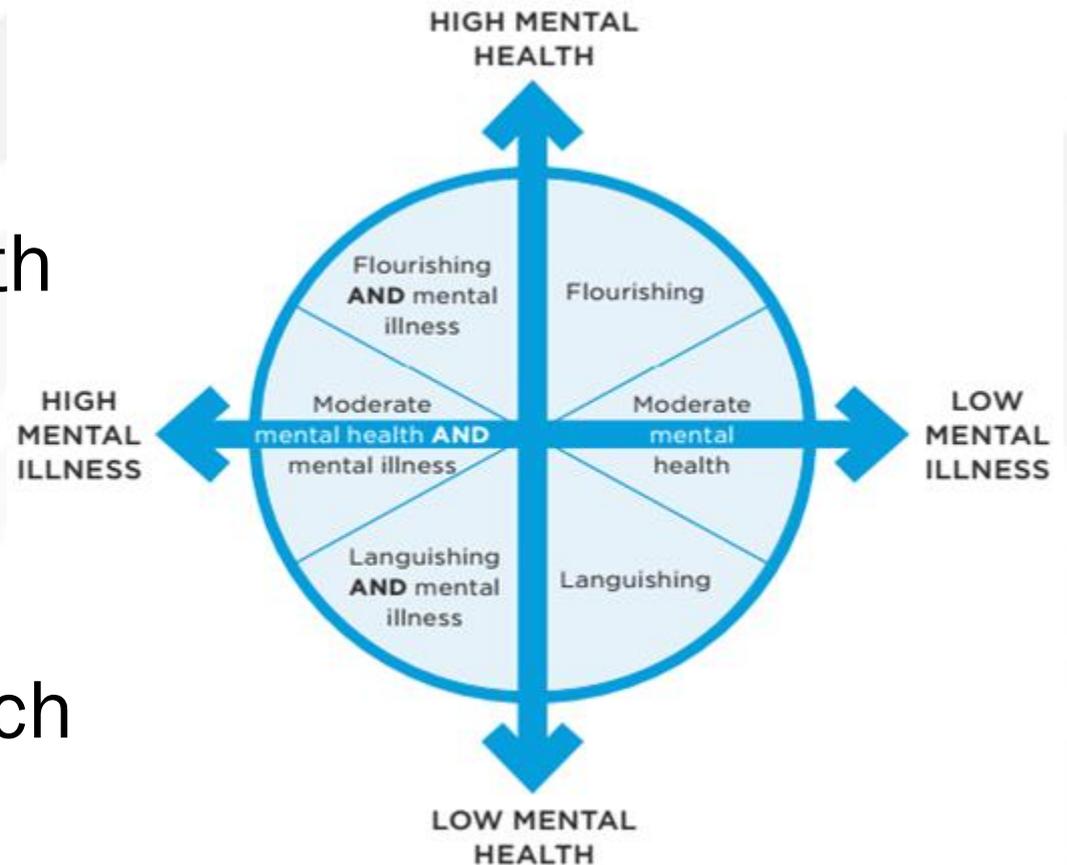
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# Key Concepts

- Life course approach
- Population health approach
- Two-continua model
- Settings approach



(Keyes, 2010)

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# Cross-Cutting Equity Themes

- Health equity lens
- Indigenous lens
- Sex and gender lens



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# Topical Documents

- Environmental influences
- Chronic diseases
- Infectious diseases
- Healthy public policies
- Considerations for Indigenous child and youth



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# Questions?

For more information about the National Collaborating Centres for Public Health:

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Contact: [pmuzumd@stfx.ca](mailto:pmuzumd@stfx.ca)

Follow us on Twitter: @NCCs\_LesCCN

Find the full collection of fact sheets at:

<http://nccph.ca/projects/mentalhealth>



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